



Shabbos, 25 Teves, 5784—Friday, 2 Shevat, 5784

Shabbos

Parshas Shemos, Shabbos Mevarchim
Chodesh Shevat, 25 Teves, 5784

- Today's *haftorah* is *Haba'im Yashreish Yaakov* (*Yeshayahu 27:6-28:13; 29:22-23*).¹

Tehillim

- Early in the morning we gather in *shul* to recite the entire Tehillim with a *minyan*. Following Tehillim, a *maamar* (that can be understood by everyone) should be studied for around an hour, followed by *davening*.²

“Make sure to study a *parshah* of Chumash with Rashi every day, to say Tehillim every day, and to complete the Tehillim on Shabbos Mevarchim. It is crucial for you, your children, and your grandchildren.”

(*Hayom Yom*, 25 Shevat)

- For more on saying Tehillim on Shabbos Mevarchim, see below, “*Hosafos*.”

Blessing the New Month

- It is proper to know when the *molad* will be before blessing the new month.³ This month, the *molad* will be on Thursday morning, at 8:45 a.m. and 4 *chalakim*.⁴

- The *chazzan* stands,⁵ holding a Sefer Torah,⁶ and leads the congregation with *Mi shebeirach*. It is customary for the congregants to stand as well.⁷
- Rosh Chodesh **Shevat** will be on Thursday.
- We don't say Av Harachamim.

Farbrengens

- Shabbos Mevarchim is a day to *farbreng*, ideally in *shul*.⁸ For more on Shabbos Mevarchim *farbrengens*, see below, “*Hosafos*.”
- Shabbos Mevarchim Shevat (which blesses the entire month of Shevat, including—and especially—Yud Shevat) is a day to resolve to increase in our involvement in the Rebbe's activities, Torah, and *avodah*, and especially in our *bittul* and *hiskashrus* to the *nassi hador*, through fulfilling his *shlichus*. (*Sefer Hasichos* 5752, p. 266)

1 ספר המנהגים עמ' 32.

2 ספר המנהגים ע' 30.

3 סידור אדה"ו. ולכן נהגו להכריז זאת באותה שעה ברבים, ראה ליקוטי מהרי"ח (בראש ח"ג, בהשמות לח"ב פחב), ושערי-רחמים על השערי-אפרים שער י ס"ק מז.

4 לוח כולל חב"ד.

5 זכר לקידוש החודש, שבו ראש ב"ד עומד ואומר 'מקודש' וכל העם עונים אחריו (מנ"א ס' תיו ס"ק א).

6 קצות השלחן ס"י פג בבדה"ש ס"ק י, משערי אפרים שער י ס"לז.

7 שערי-רחמים על השערי-אפרים שער י ס"ק מג.

8 ספר המנהגים ע' 30.

Tuesday

28 Teves, 5784

On this Day

Today is the birthday of the Rebbe's mother, Rebbetzin Chana Schneerson. Learn more about Rebbetzin Chana at www.chabad.org/2700576

Wednesday

Erev Rosh Chodesh Shevat, 29 Teves, 5784

- On Erev Rosh Chodesh (known as Yom Kippur Katan), give extra *tzedakah*⁹ and increase in *davening* and learning.¹⁰
- Say the *shiur* Tehillim of both the twenty-ninth and thirtieth days of the month.¹¹
- During Minchah we don't say Tachanun.
- Say Yaaleh Viyavo during Maariv tonight. See below, "*Hosafos*," for the laws that apply if you forgot to say Yaaleh Viyavo.

Thursday

Rosh Chodesh Shevat, 1 Shevat, 5784

- Say Yaaleh Viyavo in Shemoneh Esrei. See below, "*Hosafos*," for the laws that apply if you forgot to say Yaaleh Viyavo.
- After Shemoneh Esrei, Half Hallel is recited, followed by Kaddish Shalem. For more on

Hallel, see below, "*Hosafos*."

- Hallel is followed by Shir Shel Yom and Barchi Nafshi.
- This is followed by *krias hatorah*. Next, say Ashrei and Uva Letzion. The *chazzan* concludes Uva Letzion quietly, and the Sefer Torah is returned to the *aron kodesh*.
- Next, remove Rashi's *tefillin*, don Rabbeinu Tam's *tefillin*, and say Shema, *Kadesh li chol bechor*, and the Sheish Zechiros. After removing Rabbeinu Tam's *tefillin*, we *daven* Musaf. The *chazzan* should recite a chapter of Tehillim before saying the Chatzi Kaddish that precedes Musaf.¹²
- If you are wearing *tefillin* when the *minyan* reaches Kesser, cover the *shel rosh* when responding.¹³

Bentching

- It is a mitzvah to enhance today's meal in honor of Rosh Chodesh.¹⁴
- Say Yaaleh Viyavo and the Harachaman for Rosh Chodesh. Additionally, replace the word *Magdil* (in the *possuk Magdil yeshuos malko*) with *Migdol*.
- See below, "*Hosafos*," for more on *bentching* and for the laws that apply if you forgot to say Yaaleh Viyavo.
- When saying a Berachah Acharonah Mei'ein Shalosh (e.g., Al Hamichyah), add the addition for Rosh Chodesh. (However, there is no need to repeat the *berachah* if it was omitted.)¹⁵

Minhagei Rosh Chodesh

- It is customary for women to refrain from performing certain types of work on Rosh

12 אג"ק ח"כ עמ' רפג.

13 'מאסף לכל המנוחות' סי' כה סוף ס"ק קלו, ובלקט-הקמח החדש שם ס"ק קה.

14 שו"ע או"ח סי' תיט.

15 מג"א סי' רח סק"ח.

9 ת"מ תשמ"ו ח"ג עמ' 593. תשמ"ז ח"ב עמ' 160.

10 שיחות-קודש תשל"ז עמ' 663, ועוד.

11 ספר המנהגים ע' 19.

Chodesh (see note).¹⁶

- It is customary to refrain from taking a haircut and cutting nails on Rosh Chodesh.¹⁷
- The Frierdiker Rebbe cites an “ancient custom” to study another *pesukim* from the *kapitel* corresponding to one’s age each Rosh Chodesh, along with Rashi’s explanation (and additional commentaries).¹⁸ For Tehillim with Rashi, visit www.chabad.org/16222.
- If there are less than twelve *pesukim* in your *kapitel* (or less than thirteen in a leap year), when you finish the *kapitel*, learn it a second time. If there are more than twelve (or thirteen) *pesukim* in your *kapitel*, study enough *pesukim* each Rosh Chodesh to finish the *kapitel* over the course of the year.¹⁹
- The Rebbe encouraged arranging *farbrengens* (in *shul*²⁰) on Rosh Chodesh.²¹

Hosafos

Shabbos Mevarchim Chodesh Shevat

Tehillim

- It is not our custom to recite the *pesukim* printed before and after the Tehillim.²²
- At the conclusion of Tehillim, an individual whose parents have passed recites Kaddish Yasom. If a *chiyuv* (an individual commemorating a *yahrzeit* or an *avel*) is

16 שו"ע ורמ"א סי' תיז ס"א, שהפרטים תלויים במנהג המקום. יש מקומות שאסרו תפירה [בתורת מנחם - התוועדות] תשד"מ ח"ב עמ' 948 מודגשת מלאכה זו, וצוין לתשבי"ץ ח"ג סי' רמד, סריגה, כיבוס (ידי), וגיהוץ שלא לצורך היום (ראה שם: שערי-תשובה ס"ק ג. כף-החיים ס"ק ללב. אשל-אברהם להרה"צ מבוטשאטש). ובערוך-השולחן שם סי' כתב ש"אצלנו" נשים העוסקות באומנות - עושות מלאכה, שלא קיבלו עליהן להפסיד פרנסתן (ואצ"ל ביחס למלאכות הקשורות בחינוך, ראה סי' חול-המועד כהלכתו, פרק ו, סעיף עה).

17 צוואת רבי יהודה החסיד אות מח. שו"ע אדה"ז סי' רס ס"א.

18 ספר-המנהגים עמ' 36.

19 שם.

20 היום יום ל' ניסן. וראה סה"ש תשי"ג שבהערה הבאה.

21 ספר-השיחות התשי"ג ח"ב עמ' 539. וראה אג"ק כ"ק אדמו"ר מהור"י"צ ח"ז עמ' שכד, עיי"ש. תורת מנחם כרך ח, עמ' 178.

22 ראה צילום כ"ק ב'כפר חב"ד' גיליון 789 עמ' 11, ומשם בהתקשרות גיליון תמה, וגיליון תפד עמ' 17 ואילך.

present, Kaddish is recited at the end of each *sefer*. In such a case, the Yehi Ratzon following each *sefer* should be recited beforehand (at least by the one reciting Kaddish).²³

- If you did not finish reciting Tehillim before *davening*, finish it as soon as possible (after Minchah, on Sunday,²⁴ or on the following Shabbos²⁵).

Farbrengens

- Continue the Shabbos Mevarchim *farbrengens* at home during the Shabbos meal, by discussing with your family the general idea of Shabbos Mevarchim and the special dates of the upcoming month (e.g., Yud Shevat, Tu B'Shevat, and Chof-Beis Shevat).²⁶
- Women and girls should arrange their own *farbrengens*, either on Shabbos or on *motzoei Shabbos*.²⁷

Rosh Chodesh Shevat

Yaaleh Viyavo When Davening

- If you forgot to say Yaaleh Viyavo during Maariv and remembered after saying Hashem’s name at the end of the *berachah*, do not go back to repeat it.²⁸
- If you forgot to say Yaaleh Viyavo during Shacharis or Minchah and remembered after saying Hashem’s name at the end of the *berachah*, finish the *berachah* and say it before Modim.²⁹ If you already began saying Modim, go back to Retzei.³⁰ If you already said the second *Yihiyu leratzon* at the end of Shemoneh Esrei, go back to the beginning of Shemoneh

23 ספר המנהגים ע' 30.

24 היכל מנחם ח"ג ע' רסו.

25 דעם רבינ'ס קינדער' ע' תלד.

26 לקו"ש חט"ז ע' 523.

27 לקו"ש שם.

28 שו"ע סי' תכב ס"א ובמג"א שם סק"א.

29 שו"ע סי' תכב ס"א. ראה באריכות בהתקשרות גיליון ת"ת.

30 שם.

Esrei.³¹

- If you forgot to say Yaaleh Viyavo during Shacharis and only remembered after *davening* Musaf, do not repeat the Shemoneh Esrei of Shacharis.³²
- If you forgot to say Yaaleh Viyavo during Minchah and only remembered at night, *daven* Maariv twice, once for Maariv and the second time as a voluntary *tefillah*. However, since it is no longer Rosh Chodesh, do not say Yaaleh Viyavo during either Shemoneh Esrei.³³
- All the above also applies if you are unsure whether you have said Yaaleh Viyavo.³⁴

Hallel

- If you are saying Hallel without a *minyan*, say the *berachos* at the beginning and end.³⁵ When saying the *berachah* at the end of Hallel, the word *al* is omitted.³⁶
- Many are accustomed to saying these *berachos* even when saying Hallel with a *minyan*.³⁷ If doing so, say the *berachos* before or together with the *chazzan*, and do not answer amen on the *chazzan's berachah*.³⁸
- Repeat the *possuk* of *Hodu* after each of the three *pessukim* of *Yomar na* (even when saying Hallel without a *minyan*³⁹).
- With regard to interrupting for *devarim shebikdushah*, Hallel shares the laws of *birchos krias shema*.⁴⁰ (To elaborate: With Kaddish, you may interrupt for Yehei Shmei Rabba and the amen of *da'amiran be'alma*. With Kedushah, you may interrupt for Kadosh, Boruch, and

Yimloch. With Modim, you may say the words *Modim anachnu lach*. You may interrupt for Borchu and for the amen of *Hakel hakadosh*, *Shomei'a tefillah* and *birchos hatorah*.⁴¹)

Bentching

- The one leading the *bentching* raises his voice when saying the words *zachreinu Hashem Elokeinu bo letovah, u'fakdeinu vo levrachah, vehoshi'einu vo lechaim tovim*, and those listening answer amen after each phrase. However, if they are in the middle of *bentching* as well, they may only answer if they are between *berachos*.⁴²
- If you forgot to say Yaaleh Viyavo and remembered after saying Hashem's name at the end of the *berachah* but before starting the *berachah* of *Hatov Vehameitiv*, say the added paragraph for Rosh Chodesh printed in the *bentcher* or *siddur*. If you remembered after starting that *berachah*, do not go back.⁴³

31 ש.ם.

32 ש"ע אדה"ז סי קכו ס"ג.

33 ש"ע אדה"ז סי קח ס"ז.

34 מג"א סי תכב סק"ד. וראה משנ"ב סי תכב סק"י, ע"ש.

35 ספר-המנהגים עמ' 36.

36 ספר-המנהגים עמ' 36.

37 ראה שיחות-קודש תשמ"א ח"ד עמ' 322 סל"ז.

38 ראה בארוכה בהתקשרות גיליונות: שלח עמ' 17, תמו עמ' 17, ו-תמט עמ' 19 הע' 47.

39 היום יום, ל' תשרי.

40 ראה 'התקשרות' גיליון תמא ובס' הפסק בתפילה ספ"ד ובמילואים ש.ם.

41 'דיני ומנהגי ר"ח - חב"ד' פ"ח סי"ב.

42 לקוטי-שיחות חכ"ד עמ' 380.

43 ש"ע אדה"ז סי קפח סו"ס י. סידור אדה"ז.

ג פרקים ליום

Shabbos

הלכות רוצח ושמירת נפש
פרק ב-ד

Sunday

פרק ה-ז

Monday

פרק ח-

Tuesday

פרק יא-יג

Wednesday

ספר קנין
הלכות מכירה
פרק א-ג

Thursday

פרק ד-

Friday

פרק ז-ט

פרק אחד ליום

Shabbos

הלכות סוטה
פרק ד

Sunday

ספר קדושה
הלכות איסורי ביאה
פרק א

Monday

פרק ב

Tuesday

פרק ג

Wednesday

פרק ד

Thursday

פרק ה

Friday

פרק

ספר המצוות

Shabbos

מ"ע רכה מל"ת רצה רצב

Sunday

מ"ע רמז מל"ת רצג
רצז מ"ע קפב

Monday

מ"ע קפא מל"ת שט
רחצ מ"ע קפד

Tuesday

מל"ת רצט מ"ע רב רג
מל"ת ער

Wednesday

מ"ע רמה

Thursday

מ"ע רמה

Friday

מל"ת רנ