



Shabbos, 25 Menachem Av, 5783—Friday, 1 Elul, 5783

Shabbos

Parshas Re'eih, Shabbos Mevarchim Elul, 25
Menachem Av, 5783

Tehillim

- Early in the morning we gather in *shul* to recite the entire Tehillim with a *minyan*. Following Tehillim, a *maamar* should be studied for approximately an hour, followed by *davening*.¹

“Make sure to study a *parshah* of Chumash with Rashi every day, to say Tehillim every day, and to complete the Tehillim on Shabbos Mevarchim. It is crucial for you, your children, and your grandchildren.”

(*Hayom Yom*, 25 Shevat)

- For more on saying Tehillim on Shabbos Mevarchim, see below, “*Hosafos*.”

Blessing the New Month

- It is proper to know when the *molad* will be before blessing the new month.² This month, the *molad* will be on Wednesday, at 5:04 p.m. and 17 *chalakim*.³
- The *chazzan* stands,⁴ holding a Sefer Torah,⁵ and leads the congregation with *Mi shebeirach*. It is customary for the congregants to stand as

well.⁶

- Rosh Chodesh Elul will be on Thursday and Friday.
- We don't say Av Harachamim.

Farbrengens

- Shabbos Mevarchim is a day to *farbreng*, ideally in *shul*.⁷ For more on Shabbos Mevarchim *farbrengens*, see below, “*Hosafos*.”

Minchah

- Say the fifth chapter of Pirkei Avos.

Wednesday

29 Menachem Av, Erev Rosh Chodesh, 5783

- On Erev Rosh Chodesh (known as Yom Kippur Katan), give extra *tzedakah*⁸ and increase in *davening* and learning.⁹
- During Minchah we don't say Tachanun.
- Say Yaaleh Viyavo during Maariv tonight. See below, “*Hosafos*,” for the laws that apply if you forgot to say Yaaleh Viyavo.

1 ספר המנהגים ע' 30.

2 סידור אדה"ו. ולכן נהגו להכריז זאת באותה שעה ברבים, ראה ליקוטי מהרי"ח (בראש ח"ג, בהשמטות לח"ב פחב), ושערי-רחמים על השערי-אפרים שער י ס"ק מז.

3 לוח כולל חב"ד.

4 זכר לקידוש החודש, שבו ראש ב"ד עומד ואומר 'מקודש' וכל העם עונים אחריו (מג"א סי' ת"ז ס"ק א).

5 קצות השלחן סי' פג בבדה"ש ס"ק י, משערי אפרים שער י סל"ו.

6 שערי-רחמים על השערי-אפרים שער י ס"ק מג.

7 ספר המנהגים ע' 30.

8 ת"מ תשמ"ו ח"ג עמ' 593. תשמ"ו ח"ב עמ' 160.

9 שיחות-קודש תשל"ו עמ' 663, ועוד.

Wednesday

30 Menachem Av, Rosh Chodesh, 5783

- Say Yaaleh Viyavo in Shemoneh Esrei. See below, “*Hosafos*,” for the laws that apply if you forgot to say Yaaleh Viyavo.
- After Shemoneh Esrei, Half Hallel is recited, followed by Kaddish Shalem. For more on Hallel, see below, “*Hosafos*.”
- Hallel is followed by Shir Shel Yom and Barchi Nafshi.
- Starting from today, until after Hoshana Rabbah, we say Ledavid Hashem Ori after Shir Shel Yom (and Barchi Nafshi—on Rosh Chodesh) in Shacharis, and before Aleinu in Minchah.
- This is followed by *krias hatorah*. Next, say Ashrei and Uva Letzion. The *chazzan* concludes Uva Letzion quietly, and the Sefer Torah is returned to the *aron kodesh*.
- Remove Rashi’s *tefillin*, don Rabbeinu Tam’s *tefillin*, and say Shema, *Kadesh li chol bechor*, and the Sheish Zechiros. After removing Rabbeinu Tam’s *tefillin*, we *daven* Musaf. The *chazzan* should recite a chapter of Tehillim before saying the Chatzi Kaddish that precedes Musaf.¹⁰
- If you are wearing *tefillin* when the *minyan* reaches Kesser, cover the *shel rosh* when responding.¹¹

Bentching

- It is a mitzvah to enhance today’s meal in honor of Rosh Chodesh.¹²
- Say Yaaleh Viyavo and the Harachaman for Rosh Chodesh. Additionally, replace the word

Magdil (in the *possuk Magdil yeshuos malko*) with *Migdol*.

- See below, “*Hosafos*,” for more on *bentching* and for the laws that apply if you forgot to say Yaaleh Viyavo.
- When saying a Berachah Acharonah Mei’ein Shalosh (e.g., Al Hamichyah), add the addition for Rosh Chodesh. (However, there is no need to repeat the *berachah* if it was omitted.)¹³

Minhagei Rosh Chodesh

- It is customary for women to refrain from performing certain types of work on Rosh Chodesh (see note).¹⁴
- It is customary to refrain from taking a haircut on Rosh Chodesh.¹⁵
- The Frierdiker Rebbe cites an “ancient custom” to study a *possuk* from the *kapitel* corresponding to one’s age each Rosh Chodesh, along with Rashi’s explanation (and additional commentaries).¹⁶ For Tehillim with Rashi, visit www.chabad.org/16222.
- If there are less than twelve *pesukim* in your *kapitel* (or less than thirteen in a leap year), when you finish the *kapitel*, learn it a second time. If there are more than twelve (or thirteen) *pesukim* in your *kapitel*, study enough *pesukim* each Rosh Chodesh to finish the *kapitel* over the course of the year.¹⁷
- The Rebbe encouraged arranging *farbrengens* (in *shul*¹⁸) on Rosh Chodesh.¹⁹

13 מניא סי רח סקי"ח.

14 שו"ע ורמ"א סי תיז ס"א, שהפרטים תלויים במנהג המקום. יש מקומות שאסרו תפירה [ביתורת מנחם - התוועדות] תשד"מ ח"ב עמ' 948 מודגשת מלאכה זו, וצוין לתשב"ץ ח"ג סי' רמד], סריגה, כיבוס (ידי), וגיהוץ שלא לצורך היום (ראה שם: שערי-תשובה סי"ק ג. כף-החיים סי"ק ללב. אשל-אברהם להרה"צ מבוטשאטש). ובערוך-השלוחן שם סי" כחב ש"אצלנו" נשים העוסקות באומנות - עושות מלאכה, שלא קיבלו עליהן להפסיד פרנסתן (ואצ"ל ביחס למלאכות הקשורות בחינוך, ראה סי' חול-המועד כהלכתו, פרק ו, סעיף עה).

15 צוואת רבי יהודה החסיד אות מח. שו"ע אדה"ז סי' רס ס"א.

16 ספר-המנהגים עמ' 36.

17 שם.

18 היום יום ל' ניסן. וראה סה"ש תש"נ שבהערה הבאה.

19 ספר-השיחות ה'תשנ"ג ח"ב עמ' 539. וראה אג"ק כ"ק אדמו"ר מהור"י צ"ח עמ' שכד, עיי"ש. תורת מנחם כרך ח, עמ' 178.

10 אג"ק ח"כ עמ' רפג.

11 מאסף לכל המחנות סי' כה סוף סי"ק קלו, ובלקט-הקמח החדש שם סי"ק קה.

12 שו"ע ארו"ח סי' תיט.

Friday

1 Elul, Rosh Chodesh, 5783

- Starting from today, ten blasts are blown with the shofar after Shacharis, in preparation for Rosh Hashanah.
- Starting from today, an additional three chapters of *Tehillim* are said each day after Shacharis. (A chart detailing the chapters to be added each day can be found in the back of the *Tehillim*.)
- See yesterday's Luach and below, "*Hosafos*," for laws and customs of Rosh Chodesh.
- It is a mitzvah to enhance today's meal in honor of Rosh Chodesh.²⁰ However, since it is Erev Shabbos, such meals should be eaten before the beginning of the tenth halachic hour of the day (i.e., over three *shaos zmaniyos* before *shekiah*).²¹
- Even though today is Rosh Chodesh, it is permitted to cut nails, in honor of Shabbos.

Chodesh Elul

- During this month, it is customary to increase in davening,²² learning,²³ and giving *tzedakah*.²⁴
- It is customary to check your *tefillin* and *mezuzos*, and to fix anything that may be lacking in any other mitzvah as well.²⁵ This custom should be publicized wherever possible.²⁶
- When writing a letter (or email) to another during this month (until Yom Kippur), it is customary to wish the recipient a *kesivah vachasimah tovah*.²⁷ Similar wishes should also

20 ש"י"ע או"ח סי' תי"ט.

21 ראה ש"י"ע אדה"ז סי' רמ"ט ס"ט.

22 ברכ"י סי' תקפ"א ס"ו, הובא בשה"ש תשמ"ט ח"ב ע' 700. וראה שה"ש תשנ"ח ח"ב ע' 643.

23 שה"ש תשנ"ח ח"ב ע' 638 וע' 643.

24 לקו"ת ראה כה, ב מ"דברי רז"ל. הובא בשה"ש תשמ"ט ח"ב ע' 700. וראה שה"ש תשנ"ח ח"ב ע' 639.

25 מטה אפרים סי' תקפ"א ס"ו.

26 שה"ש תשמ"ח ח"ב ע' 610.

27 מטה אפרים סי' תקפ"א ס"ט.

be expressed verbally.²⁸

- "This month is *chodesh harachamim*, the month of mercy, when the gates of mercy are opened to all those who come close to serve Hashem with *teshuvah*, Torah, and prayer." (Igros Kodesh of the Frierdiker Rebbe, vol. 4, p. 48)
- "Chodesh Elul is a month of reflection. Just as a businessman must take stock of his business from time to time and fix whatever is lacking, we must similarly use this month to make a *cheshbon hanefesh* and reflect on what we have accomplished throughout the year, strengthening our *maalos* and rectifying the *chisronos*." (*Hayom Yom*, 27 Menachem Av)
- During Chodesh Elul, Hashem can be compared to a king who, before entering the capital and palace, is greeted by the populace in the field. At that time, anyone can approach him, and he receives them all with a joyful countenance. (*Likkutei Torah*, Devarim 32b)

Hosafos

Shabbos Mevarchim Chodesh Elul

Tehillim

- It is not our custom to recite the *pesukim* printed before and after the Tehillim.²⁹
- At the conclusion of Tehillim, an individual whose parents have passed recites Kaddish Yasom. If a *chiyuv* (an individual commemorating a *yahrzeit* or an *avel*) is present, Kaddish is recited at the end of each *sefer*. In such a case, the Yehi Ratzon following each *sefer* should be recited beforehand (at least by the one reciting Kaddish).³⁰

28 שה"ש תשמ"ח ח"ב ע' 610.

29 ראה צילום כ"ק בכפר חב"ד גיליון 789 עמ' 11, ומשמע בהתקשרות גיליון תמה, וגיליון תפ"ד עמ' 17 ואילך.

30 ספר המנהגים ע' 30.

- If you did not finish reciting Tehillim before *davening*, finish it as soon as possible (after Minchah, on Sunday,³¹ or on the following Shabbos³²).

Farbrengens

- Continue the Shabbos Mevarchim *farbrengens* at home during the Shabbos meal by discussing with your family the general idea of Shabbos Mevarchim and the special dates of the upcoming month (e.g., Tes-Vov Elul and Chai Elul).³³
- Women and girls should arrange their own *farbrengens*, either on Shabbos or on *motzoei Shabbos*.³⁴

Rosh Chodesh Elul

Yaaleh Viyavo When Davening

- If you forgot to say Yaaleh Viyavo during Maariv and remembered after saying Hashem's name at the end of the *berachah*, do not go back to repeat it.³⁵
- If you forgot to say Yaaleh Viyavo during Shacharis or Minchah and remembered after saying Hashem's name at the end of the *berachah*, finish the *berachah* and say it before Modim.³⁶ If you already began saying Modim, go back to Retzei.³⁷ If you already said the second *Yihiyu leratzon* at the end of Shemoneh Esrei, go back to the beginning of Shemoneh Esrei.³⁸
- If you forgot to say Yaaleh Viyavo during Shacharis and only remembered after *davening* Musaf, do not repeat the Shemoneh Esrei of

Shacharis.³⁹

- If you forgot to say Yaaleh Viyavo during Minchah **on Thursday** and only remembered at night, *daven* Maariv (including Yaaleh Viyavo) twice, once for Maariv and the second time to make up for Minchah.⁴⁰
- If you forgot to say Yaaleh Viyavo during Minchah **on Friday** and only remembered at night, do not repeat the Maariv Shemoneh Esrei of Shabbos.⁴¹
- All the above also applies if you are unsure whether you have said Yaaleh Viyavo.⁴²

Hallel

- If you are saying Hallel without a *minyan*, say the *berachos* at the beginning and end.⁴³ When saying the *berachah* at the end of Hallel, the word *al* is omitted.⁴⁴
- Many are accustomed to saying these *berachos* even when saying Hallel with a *minyan*.⁴⁵ If doing so, say the *berachos* before or together with the *chazzan*, and do not answer amen on the *chazzan's berachah*.⁴⁶
- Repeat the *possuk* of *Hodu* after each of the three *pessukim* of *Yomar na* (even when saying Hallel without a *minyan*⁴⁷).
- With regard to interrupting for *devarim shebikdushah*, Hallel shares the laws of *birchos krias shema*.⁴⁸ (To elaborate: With Kaddish, you may interrupt for Yehei Shmei Rabba and the amen of *da'amiran be'alma*. With Kedushah,

39 שו"ע אדה"ז סי' קכו סי"ג.

40 ע"פ שו"ע אדה"ז סי' קח סי"ד וסי"ז.

41 כיוון שבנידון דידן ספק אם יש לה תשלומין (אף שבכלל יש תשלומין בשבת, שו"ע אדמו"ר הזקן סי' קח סעיף יד), כיוון שבליל שבת זו כבר לא יאמר 'יעלה ויבוא'. וכשהל מוצאי ראש-חודש בחול, הפתרון הוא להתפלל אותה 'נדבה' (שו"ע אדמו"ר הזקן סי' קח סעיף יז), אך כיוון שאין מתפללין נדבה בשבת (שם סי' קז סי"א) - אין כאן תשלומין.

42 מג"א סי' תכב סק"ד. וראה משנ"ב סי' תכב סק"י, ע"ש.

43 ספר-המנהגים עמ' 36.

44 ספר-המנהגים עמ' 36.

45 ראה שיחות-קודש תשמ"א ח"ד עמ' 322 סי"ז.

46 ראה בארוכה בהתקשרות גיליונות: שלח עמ' 17, תז עמ' 17, ו-תמט עמ' 19 הע' 47.

47 היום יום, ל' תשרי.

48 ראה 'התקשרות' גיליון תמא ובס' הפסק בתפילה ספ"ד ובמילואים שם.

31 היכל מנחם ח"ג ע' רסו.

32 ד"עם רבי'ס קינדער' ע' תלד.

33 לקו"ש חט"ז ע' 523.

34 לקו"ש שם.

35 שו"ע סי' תכב ס"א ובמג"א שם סק"א.

36 שו"ע סי' תכב ס"א. ראה באריכות בהתקשרות' גיליון ח"ת.

37 שם.

38 שם.

you may interrupt for Kadosh, Boruch, and Yimloch. With Modim, you may say the words *Modim anachnu lach*. You may interrupt for Borchu and for the amen of *Hakel hakadosh*, *Shomei'a tefillah* and *birchos hatorah*.⁴⁹⁾

Bentching

- The one leading the *bentching* raises his voice when saying the words *zachreinu Hashem Elokeinu bo letovah, u'fakdeinu vo levrachah, vehoshi'einu vo lechaim tovim*, and those listening answer amen after each phrase. However, if they are in the middle of *bentching* as well, they may only answer if they are between *berachos*.⁵⁰
- If you forgot to say *Yaaleh Viyavo* and remembered after saying Hashem's name at the end of the *berachah* but before starting the *berachah* of *Hatov Vehameitiv*, say the added paragraph for Rosh Chodesh printed in the *bentcher* or *siddur*. If you remembered after starting that *berachah*, do not go back.⁵¹

49 זייני ומנהיג ר"ח - חב"ד פ"ח סי"ב.

50 לקוטי-שיחות חכ"ד עמ' 380.

51 שר"ע אדה"ז סי' קפח סו"ס י. סידור אדה"ז.

ג פרקים ליום

Shabbos

הלכות נדרים
פרק י-יב

Sunday

פרק יג
הלכות נזירות
פרק א-ב

Monday

פרק ג-ה

Tuesday

פרק ו-ח

Wednesday

פרק ט-י
הלכות ערכין וחרמין
פרק א

Thursday

פרק ב-ד

Friday

פרק ה-ז

פרק אחד ליום

Shabbos

הלכות שבת
פרק ד

Sunday

פרק ה

Monday

פרק ו

Tuesday

פרק ז

Wednesday

פרק ח

Thursday

פרק ט

Friday

פרק י

ספר המצוות

Shabbos

ע"ע צה

Sunday

מ"ע צה צב מל"ת רט

Monday

מל"ת רב רג רד

Tuesday

מל"ת רה רו רח רז

Wednesday

מ"ע צג קיד

Thursday

מ"ע קטו קטז קיז

Friday

מ"ע קמה מל"ת קי