



## PSALM 13

### Freeing yourself from life's obstacles

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**THIS CHAPTER** is a prophecy regarding the ultimate Redemption. The words “until when” are said four times, and correspond to the four exiles the Jewish Nation has been subjected to—the last exile being the present one. Despite our firm belief that the Redemption will come, we do not wait patiently for it—we beg of God to send it sooner. Although this chapter is a prayer on behalf of the entire Jewish Nation, it is written in the singular form because each individual must pray for the Redemption on their own. This chapter is also a prayer for any individual who finds himself in great distress.

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**1** **A** song by David for the choirmaster, to be sung by the Levites in the Holy Temple.

**2** God, until when will You forget about me, leaving me to suffer in exile? It feels like it is forever! Until when will You hide Your countenance from me? **3** Until when will I have to set forth my own ideas as to how I can free myself from the grief that is in my heart all day? Until when will my enemy rule over me?

**4** Look at my plight and answer me, Lord, my God. Enlighten my eyes, because I am engulfed in the darkness of exile. Please answer me and save me before I sleep the permanent sleep of death. **5** Save me, lest my enemy boastfully say, “I have overcome him!” Lest my oppressors rejoice when I stumble. **6** My enemies think that there is no one to save me, but I trust in Your kindness; my heart will rejoice in Your salvation. I will sing to God, because He has dealt kindly with me.



א לַמִּנְצָה מִזְמוֹר לְדָוִד:

ב עַד־אָנָּה יְהוָה תִּשְׁכַּחֲנִי נִצַּח,  
עַד־אָנָּה | תִּסְתִּיר אֶת־פְּנֶיךָ  
מִמֶּנִּי:

ג עַד־אָנָּה אֲשִׁית עֵצוֹת  
בְּנַפְשִׁי יִגּוֹן בְּלִבִּי יוֹמָם,  
עַד־אָנָּה | יָרוּם אִיבִי עָלַי:

ד הַבֵּיטָה עֵנֶיךָ יְהוָה אֱלֹהֵי,  
הָאֵירָה עֵינַי פֶּן־אִישַׁן הַמּוֹת:  
ה פֶּן־יֹאמַר אִיבִי יְכַלְתִּיו,  
צָרִי יִגִּילוּ כִּי אָמוּט:

ו וְאֲנִי | בְּחֶסֶדְךָ בְּטַחְתִּי  
יִגַּל לִבִּי בִישׁוּעֶתְךָ, אֲשִׁירָה  
לִיהוָה, כִּי גָמַל עָלַי:

